We claim:

1. A laser device comprising:

   a) a plurality of laser energy sources for generating a plurality of laser beams in which at least a first laser beam is a cool color and at least a second laser beam is a warm color; and

   b) an optical arrangement for receiving at least one laser beam and for transforming at least one laser beam into a desired spot shape.

2. The device according to claim 1 in which the first laser beam is green.

3. The device according to claim 1 in which the first laser beam is red.

4. The device according to claim 1 in which the desired spot shape is substantially linear.

5. The device according to claim 1 in which each of the plurality of laser beams has a desired spot shape that is substantially linear.

6. A device according to claim 1 wherein at least two of the laser beams are emitted simultaneously.

7. A laser device comprising:

   a) a plurality of laser energy sources for generating a plurality of laser beams in which at least a first laser beam is a cool color and at least a second laser beam is a warm color;

   b) a wand from which the laser beams emit, the wand being capable of being retained in a hand of a user and freely moved relative to the surface of the skin of a patient; and

c) an optical arrangement attached to the wand for receiving the laser beams and for transforming each of the laser beams into a desired spot shape.

8. The device according to claim 7 in which the first laser beam is green.

9. The device according to claim 7 in which the first laser beam is red.

10. A device according to claim 7 wherein at least two of the laser beams are emitted simultaneously.

11. A device according to claim 7 further comprising a controller for independently controlling the generation of laser energy by each of the plurality of laser energy sources.

12. A device according to claim 7 wherein each of the laser energy sources is less than one watt.

13. A device according to claim 7 wherein at least one of the laser energy sources is a semiconductor diode.

14. A device according to claim 7 wherein at least one of the spot shapes is substantially linear.

15. A device according to claim 7 further comprising a first laser beam having a first spot shape and a second laser beam having a second spot shape wherein the first spot shape is substantially linear and the second spot shape is circular.

16. A device according to claim 7 further comprising a control circuit for controlling the pulse frequency of each laser beam.

17. A device according to claim 16 wherein the pulse frequency of at least one of the laser beams is such that the laser light emitted is substantially continuous.

18. A device according to claim 16 further comprising a first laser beam having a first pulse frequency and a second laser beam having a second pulse frequency wherein the first pulse frequency is such that the laser light emitted is substantially continuous and the second pulse frequency is not zero.

19. A device according to claim 16 wherein the pulse frequency of the second laser beam is less than 100,000 Hz.

20. A laser device comprising:

a) a plurality of laser energy sources for generating a plurality of laser beams in which at least a first laser beam is a cool color and at least a second laser beam is a warm color;

b) an arm from which the laser beams emit, the arm being capable of being freely positionable in the x-, y-, and z-axes; and

c) an optical arrangement attached to the arm for receiving the laser beams and for transforming each of the laser beams into a desired spot shape.

21. The device according to claim 20 in which the first laser beam is green.

22. The device according to claim 20 in which the first laser beam is red.

23. A device according to claim 20 wherein at least two of the laser beams are emitted simultaneously.

24. A device according to claim 20 further comprising a controller for independently controlling the generation of laser energy by each of the plurality of laser energy sources.

25. A device according to claim 20 wherein each of the laser energy sources is less than one watt.

26. A device according to claim 20 wherein at least one of the laser energy sources is a semiconductor diode.

27. A device according to claim 20 wherein at least one of the spot shapes is substantially linear.

28. A device according to claim 20 further comprising a first laser beam having a first spot shape and a second laser beam having a second spot shape wherein the first spot shape is substantially linear and the second spot shape is circular.

29. A device according to claim 20 further comprising a control circuit for controlling the pulse frequency of each laser beam.

30. A device according to claim 20 wherein the pulse frequency of at least one of the laser beams is such that the laser light emitted is substantially continuous.

31. A device according to claim 20 further comprising a first laser beam having a first pulse frequency and a second laser beam having a second pulse frequency wherein the first pulse frequency is such that the laser light emitted is substantially continuous and the second pulse frequency is not zero.

32. A device according to claim 20 wherein the pulse frequency of the second laser beam is less than 100,000 Hz.

33. A device for treating the sympathetic and parasympathetic nervous systems comprising:

a) a first laser energy source that emits a green laser beam;

b) a second laser energy source that emits a red laser beam;

c) a wand from which the laser beams emit, the wand being capable of being retained in a hand of a user and freely moved relative to the surface of the skin of a patient; and

d) an optical arrangement attached to the wand for receiving the laser beams and for transforming each of the laser beams into a substantially linear spot shape.